**RLSS UK Speed Lifesaving Championships**

**PLSC Club Records**

**FEMALE 12-14**

50m Manikin Carry **46.42** Katrina Smyth 2019

100m Obstacles **1.30.28** Sinead Ivory 2019

100m Manikin Carry with fins **1.22.22** Alannah Guilfoyle 2019

10m Line Throw **12.37** Katrina Smyth + Sinead Ivory 2019 (**2nd overall – Silver Medal)**

**MALE 12-14**

50m Manikin Carry **46.52** Sean Lundy 2017

100m Obstacles **1.29.62** Scott Heffernan 2019

100m Manikin Carry with fins **1.20.29** Niall Byrne 2017

10m Line Throw **17.75** Niall Byrne + Jake Heffernan 2016

**FEMALE 15-18**

50m Manikin Carry **57.58** Roisin Ivory 2019

100m Obstacles **1.26.49** Sinead Ivory 2022

100m Manikin Carry with fins **1.27.97** Sinead Ivory 2022

100m Manikin Tow with fins **1.22.97** Roisin Ivory 2019

**MALE 15-18**

50m Manikin Carry **48.76** Conor Power 2019

100m Obstacles **1.13.49** Conor Power 2019

100m Manikin Carry with fins **1.16.87** Conor Power 2019

100m Manikin Tow with fins **1.10.70** Conor Power 2019

**FEMALE OPEN**

50m Manikin Carry **56.57** Ciara Kelly 2023

100m Manikin Carry with fins **1.26.73** Ciara Kelly 2019

100m Manikin Tow with fins **1.21.28** Ciara Kelly 2019

12.5m Line Throw **19.71** Ciara Kelly + Anna Kuntz 2015

Super lifesaver **3.50.48** Ciara Kelly 2019

Rescue Medley **2.06.41** Roisin Ivory 2022

**MALE OPEN**

100m Manikin Carry with fins **2.06.11** Jack Creaner 2015